

## September 2025 KSI Lunch\* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>CLOSED FOR LABOR DAY!</b>	<b>Baked Ziti</b> Served with Ground Beef, Elbow Noodles, WG Texas Toast, Mozzarella Cheese, Roasted Tomato Sauce, Peaches, Fat Free Chocolate Milk	<b>Cobb Salad</b> Lettuce, Tomato, Grilled Chicken, Hard Boiled Egg, Avocado, Shredded Cheddar Cheese, WG Croutons, Choice of Dressing, Mixed Fruit, Fat Free Chocolate Milk	<b>Philly Cheesesteaks</b> WG Hot Dog Bun, Shaved Beef, Caramelized Onions, Crinkle Cut French Fries, Pears, Fat Free Chocolate Milk	<b>Homestyle Chicken Salad Sandwich</b> WG Hamburger Bun, Lettuce, Tomato, Cole Slaw, Mandarin Oranges, Fat Free Chocolate Milk
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
<b>BBQ Grilled Cheese</b> WG Wheat Bread, Yellow American Cheese, Pulled Pork, BBQ Sauce, Potato Salad, Pineapple, Fat Free Chocolate Milk	<b>Chicken Tacos</b> Two Hard Shell Tacos Served with Chicken, Tomatoes, and Shredded Cheddar, WG Brown Rice, Mandarin Oranges, Fat Free Chocolate Milk	<b>Chopped Italian Sub</b> Salami, Ham, Turkey Tossed in a Garlic Herb Dressing on a WG Hot Dog Bun, Topped with Lettuce and Tomato. Served with Peaches and Fat Free Chocolate Milk	<b>Loaded Taco Baked Potato</b> Stuffed with Taco Beef, Tomatoes, Shredded Cheddar Cheese. Served with WG Hawaiian Roll, Apple Sauce, Fat Free Chocolate Milk	<b>Turkey Wraps</b> WG Tortilla Filled with Sliced Turkey, Lettuce, Tomato, Onion, White American Cheese. Served with Potato Salad and Fat Free Chocolate Milk
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
<b>Chicken Quesadillas</b> WG Tortillas Stuffed with Cheesy Chicken and Tomatoes, Served with Roasted Corn, Black Beans, Mandarin Oranges, Fat Free Chocolate Milk	<b>Turkey Ruben</b> WG Wheat Bread Stuffed with Turkey, White American Cheese, Thousand Island Dressing, and Cole Slaw. Served with Crinkle Cut Potatoes, Pears, and Fat Free Chocolate Milk	<b>Chicken Caesar Salad</b> Shredded Lettuce Topped with Shredded Chicken, Parmesan Cheese, WG Croutons, Choice of Dressing. Served with Pineapple and Fat Free Chocolate Milk	<b>Meat Lasagna</b> Filled with Ground Beef, Ricotta Cheese, and a Rustic Tomato Sauce. Served with WG Texas Toast, Mixed Fruit, and Fat Free Chocolate Milk	<b>Chicken Noodle Soup</b> WG Elbow Noodles, Shredded Chicken, Carrots, Celery, Onion, Corn, Chicken Broth. Served with Ritz Crackers, Apple Sauce, Fat Free Chocolate Milk
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Alaskan Fish Sticks</b> Served with Tater Tots, Tartar Sauce, Pears, and Fat Free Chocolate Milk	<b>Extra Cheese Pizza</b> WG Cheese Pizza Served with Crumbled Italian Sausage, Mozzarella Cheese, Rustic Tomato Sauce, Ranch Roasted Carrots, Mixed Fruit, and Fat Free Chocolate Milk	<b>Shepard's Pie</b> Mashed Potatoes Served Over Ground Beef, Peas, Carrots, Corn, Onions, Topped with Shredded Cheddar Cheese. Served with WG Roll, Apple Sauce, and Fat Free Chocolate Milk	<b>Tomato Soup &amp; Grilled Cheese</b> WG Wheat Bread, Sliced Yellow American Cheese, Turkey Bacon. Served with Creamy Tomato Soup, Peaches, and Fat Free Chocolate Milk	<b>Chicken Tenders</b> Served with Crinkle Cut Fries, Cole Slaw, Tropical Fruit, Choice of Dipping Sauce, and Fat Free Chocolate Milk
<b>29</b>	<b>30</b>			
<b>Meatball Subs</b> WG Hot Dog Bun Served with All Beef Meatballs, Rustic Tomato Sauce, Mozzarella Cheese, Peaches, and Fat Free Chocolate Milk	<b>Chicken Pot Pie</b> WG Biscuit Topped Over A Creamy Chicken Filling with Corn, Carrots, Peas. Served with Apple Sauce, and Fat Free Chocolate Milk			

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.” **\*Due to supply line issues and product shortages, planned menu items may change without advance notice.**

**KSI is an equal opportunity provider**